



ALLERGY ASTHMA IMMUNOLOGY OF ROCHESTER PC

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Certain medications that are used for cold or allergy symptoms (all nighttime preparations and/or sleep aides) will interfere with skin test results and should not be taken prior to skin testing. Please follow the instructions below, being sure to avoid those medications used for cold, allergy, motion sickness and sedation. If you have any questions, please call our office.

Steroid pills (such as Prednisone or Medrol) and inhalers (nasal and lung), Cromolyn, Theophylline, Singular/Accolade may be continued.

BETA BLOCKERS (found in heart medications and eye drops from glaucoma), should **NOT BE TAKEN FOR 4 DAYS PRIOR TO SKIN TESTING.** Please contact your referring physician before discontinuing these medications.

The following medications should **NOT BE TAKEN FOR 7 DAYS PRIOR TO SKIN TESTING.** It is imperative that you check with your referring physician concerning the safety of discontinuing these medications.

IMIPRAMINE

Imavate
Janimine
Sinequan
Prisamine
SK-Promine
Tofranil

DESIPRAMINE

Norpramine
Pertofrane

DOXEPIN

Adapin
Silenor

PROTRIPTYLINE

Vivactil

NORTRIPTYLINE

Aventyl
Pamelor

HYDROXYZINE

Atarax
Vistaril

AMITRYPTILINE

Elavil
Endep
Vanatrip

Marax

These additional medications containing antihistamines (or their generic equivalents) should **NOT BE TAKEN FOR 7 DAYS PRIOR TO SKIN TESTING**, and can be safely discontinued without checking with your physician.

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| Actifed | Comhist | Histaspan | Rynatan |
| Advil PM | Contact | Kronofed | Scot-Tussin |
| Alavert | Co-Pyronil | Livostin Eye Drops | Semprex D |
| Alka Seltzer | Coricidin | Loratadine | Simply Sleep |
| Allegra (any) | Co-Tylenol | Marezine | Sinarest |
| Allerx | Cyproheptadine | Mecilizine | Sine-Off |
| Aller-Chlor | Dayquil | Naldecon | Singlet |
| Allerest | Deconamine | Naphcon-A | Sinovan |
| Ambenyl | Demazin | Nolahist | Sinubid |
| Antivert | Dimetane | Nolamine | Sinulin |
| Astelin | Dimetapp | Novafed | Sinutab |
| Astepro | Disophril | Novahistine | Sominex |
| Atarax (Hydroxyzine) | Dorcol | Nyquil | Sudafed C/A |
| Atrohist | Doxylamine | Nytol | Tacaryl |
| Axid | Dramamine | Optimine | Tagamet |
| Azelastine nasal or eye drops | Dristan | Optivar Eye Drops | Tavist, Tavist D |
| Bepreve eye | Drixoral | Ornade | Teldrin |
| Benadryl | Drize | Palgic | Temaril |
| Bromfed | Duratapp | Pataday | Thera/Flu |
| Brompheniramine | Duravent DA | Patanase | Triaminic |
| Buclizine | Durrax | Patanol Eye Drops | Triaminicol |
| Calm Aid | Diphenhydramine | Pediocare | Trinalin |
| Cerose DM | Dymista | Pepcid | Trind |
| Cetirizine | Elastat eye drops | Percogesic | Tussagesic |
| Cheracol | Emadine eye drops | Periactin | Tussi 12 |
| Chexit Tablets | Excedrin PM | Phenegran | Tussionex |
| Chlorpheniramine | Ex-Tendryl | Polaramine | Tylenol PM/AS/Cold |
| Chlor-Trimeton | Famotidine | Pseudo-Hist | Unisom |
| Cimetidine | Fedrazil | Pyroxate | Vicks Formula 44 |
| Citra-Forte | Fedahist | Quelidrine | Visine A |
| Clarinet | Fexofenadine | Ranitidine (Zantac) | Xyzal |
| Claritin (any) | Fiogesic | Robitussin | Zaditor |
| Codimal DH, DM, PH | Goody's PM | Rondec | Zantac |
| Cogentin | Hispril | Ru-Tuss | Zyrtec (any) |