



**Patient Personal History**

Patients Name \_\_\_\_\_ Date \_\_\_\_\_ Physician Initials \_\_\_\_\_

Date of first appointment: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Time of appointment: \_\_\_\_\_ Birthplace: \_\_\_\_\_  
MONTH DAY YEAR

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
LAST FIRST MIDDLE INITIAL MAIDEN

Address: \_\_\_\_\_ Age: \_\_\_\_\_ Sex:  F  M  
STREET APT#

Telephone: Home (\_\_\_\_) \_\_\_\_\_  
CITY STATE ZIP Work (\_\_\_\_) \_\_\_\_\_

**MARITAL STATUS:**  Never Married  Married  Divorced  Separated  Widowed

Spouse/Significant Other:  Alive/Age \_\_\_\_\_  Deceased/Age \_\_\_\_\_ Major Illnesses \_\_\_\_\_

**EDUCATION** (circle highest level attended):

Grade School 7 8 9 10 11 12 College 1 2 3 4 Graduate School \_\_\_\_\_

Occupation \_\_\_\_\_ Number of hours worked/average per week \_\_\_\_\_

Referred here by: (check one)  Self  Family  Friend  Doctor  Other Health Professional

Name of person making referral: \_\_\_\_\_

The name of the physician providing your primary medical care: \_\_\_\_\_

Do you have an orthopedic surgeon?  Yes  No If yes, Name: \_\_\_\_\_

Describe briefly your present symptoms? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date symptoms began (approximate): \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Previous treatment for this problem (include physical therapy, surgery and injections; medications to be listed later)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list the names of other practitioners you have seen for this problem: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**RHEUMATOLOGIC (ARTHRITIS) HISTORY**

At any time have you or a blood relative had any of the following? (check if "yes")

Please shade all the locations of your pain over the past week on the body figures and hands.

Example:

Left Right Left Right

Left Right

Are you \_\_\_\_\_ right or \_\_\_\_\_ left handed?  
(Which hand do you sign your name with?)

Yourselves	Relative Name/Relationship	Yourselves	Relative Name/Relationship
<input type="checkbox"/>	Arthritis (unknown type)	<input type="checkbox"/>	Lupus or "SLE"
<input type="checkbox"/>	Osteoarthritis	<input type="checkbox"/>	Rheumatoid Arthritis
<input type="checkbox"/>	Gout	<input type="checkbox"/>	Ankylosing Spondylitis
<input type="checkbox"/>	Childhood arthritis	<input type="checkbox"/>	Osteoporosis
Other arthritis conditions: _____			

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### SYSTEMS REVIEW

As you review the following list, please check any of those problems which have significantly affected you.

Date of last mammogram \_\_\_\_/\_\_\_\_/\_\_\_\_ Date of last eye exam \_\_\_\_/\_\_\_\_/\_\_\_\_ Date of last chest x-ray \_\_\_\_/\_\_\_\_/\_\_\_\_

Date of last Tuberculosis Test \_\_\_\_/\_\_\_\_/\_\_\_\_ Date of last bone densitometry \_\_\_\_/\_\_\_\_/\_\_\_\_

#### Constitutional

- Recent weight gain  
amount \_\_\_\_\_
- Recent weight loss  
amount \_\_\_\_\_
- Fatigue
- Weakness
- Fever

#### Eyes

- Pain
- Redness
- Loss of vision
- Double or blurred vision
- Dryness
- Feels like something in eye
- Itching eyes

#### Ears-Nose-Mouth-Throat

- Ringing in ears
- Loss of hearing
- Nosebleeds
- Loss of smell
- Dryness in nose
- Runny nose
- Sore tongue
- Bleeding gums
- Sores in mouth
- Loss of taste
- Dryness of mouth
- Frequent sore throats
- Hoarseness
- Difficulty in swallowing

#### Cardiovascular

- Pain in chest
- Irregular heart beat
- Sudden changes in heart beat
- High blood pressure
- Heart murmurs

#### Respiratory

- Shortness of breath
- Difficulty breathing at night
- Swollen legs or feet
- Cough
- Coughing of blood
- Wheezing (asthma)

#### Gastrointestinal

- Nausea
- Vomiting blood or coffee ground material
- Stomach pain relieved by food or milk
- Jaundice
- Increasing constipation
- Persistent diarrhea
- Blood in stools
- Black stools
- Heartburn

#### Genitourinary

- Difficult urination
- Pain or burning on urination
- Blood in urine
- Cloudy, "smoky" urine
- Pus in urine
- Discharge from penis/vagina
- Getting up at night to pass urine
- Vagina dryness
- Rash/ulcers
- Sexual difficulties
- Prostate trouble

#### For Women Only:

- Age when periods began: \_\_\_\_\_  
Periods regular  Yes  No  
How many days apart? \_\_\_\_\_  
Date of last period? \_\_\_\_/\_\_\_\_/\_\_\_\_  
Date of last pap? \_\_\_\_/\_\_\_\_/\_\_\_\_  
Bleeding after menopause?  Yes  No  
Number of pregnancies? \_\_\_\_\_  
Number of miscarriages? \_\_\_\_\_

#### Musculoskeletal

- Morning stiffness  
Lasting how long?  
\_\_\_\_\_ Minutes \_\_\_\_\_ Hours
  - Joint pain
  - Muscle weakness
  - Muscle tenderness
  - Joint swelling
- List joints affected in the last 6 mos.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### Integumentary (skin and/or breast)

- Easy bruising
- Redness
- Rash
- Hives
- Sun sensitive (sun allergy)
- Tightness
- Nodules/bumps
- Hair loss
- Color changes of hands or feet in  
the cold

#### Neurological System

- Headaches
- Dizziness
- Fainting
- Muscle spasm
- Loss of consciousness
- Sensitivity or pain of hands and/or feet
- Memory loss
- Night sweats

#### Psychiatric

- Excessive worries
- Anxiety
- Easily losing temper
- Depression
- Agitation
- Difficulty falling asleep
- Difficulty staying asleep

#### Endocrine

- Excessive thirst

#### Hematologic/Lymphatic

- Swollen glands
- Tender glands
- Anemia
- Bleeding tendency
- Transfusion/when

#### Allergic/Immunologic

- Frequent sneezing
- Increased susceptibility to infection

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials \_\_\_\_\_

**SOCIAL HISTORY**

Do you drink caffeinated beverages?  
 Cups/glasses per day? \_\_\_\_\_  
 Do you smoke?  Yes  No  Past - How long ago? \_\_\_\_\_  
 Do you drink alcohol?  Yes  No Number per week \_\_\_\_\_  
 Has anyone ever told you to cut down on your drinking?  
 Yes  No  
 Do you use drugs for reasons that are not medical?  Yes  No  
 If yes, please list: \_\_\_\_\_  
 Do you exercise regularly?  Yes  No  
 Type \_\_\_\_\_  
 Amount per week \_\_\_\_\_  
 How many hours of sleep do you get at night? \_\_\_\_\_  
 Do you get enough sleep at night?  Yes  No  
 Do you wake up feeling rested?  Yes  No

**PAST MEDICAL HISTORY**

Do you now or have you ever had: (check if "yes")  
 Cancer  Heart problems  Asthma  
 Goiter  Leukemia  Stroke  
 Cataracts  Diabetes  Epilepsy  
 Nervous breakdown  Stomach ulcers  Rheumatic fever  
 Bad headaches  Jaundice  Colitis  
 Kidney disease  Pneumonia  Psoriasis  
 Anemia  HIV/AIDS  High blood pressure  
 Emphysema  Glaucoma  Tuberculosis  
 Other significant illness (please list) \_\_\_\_\_  
 \_\_\_\_\_  
 Natural or Alternative Therapies (chiropracty, magnets, massage, over-the-counter preparations, etc.)  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Previous Operations**

Type	Year	Reason
1.		
2.		
3.		
4.		
5.		
6.		
7.		

Any previous fractures?  No  Yes Describe \_\_\_\_\_  
 Any other serious injuries?  No  Yes Describe \_\_\_\_\_

**FAMILY HISTORY:**

	IF LIVING		IF DECEASED	
	Age	Heath	Age at Death	Cause
Father				
Mother				

Number of siblings \_\_\_\_\_ Number Living \_\_\_\_\_ Number deceased \_\_\_\_\_  
 Number of children \_\_\_\_\_ Number of living \_\_\_\_\_ Number deceased \_\_\_\_\_ List ages of each \_\_\_\_\_  
 Health of children: \_\_\_\_\_

Do you know of any blood relative who has or had: (check and give relationship)

Cancer \_\_\_\_\_  Heart disease \_\_\_\_\_  Rheumatic fever \_\_\_\_\_  Tuberculosis \_\_\_\_\_  
 Leukemia \_\_\_\_\_  High blood pressure \_\_\_\_\_  Epilepsy \_\_\_\_\_  Diabetes \_\_\_\_\_  
 Stroke \_\_\_\_\_  Bleeding tendency \_\_\_\_\_  Asthma \_\_\_\_\_  Goiter \_\_\_\_\_  
 Colitis \_\_\_\_\_  Alcoholism \_\_\_\_\_  Psoriasis \_\_\_\_\_

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**MEDICATIONS**

Drug allergies:  No  Yes To what? \_\_\_\_\_

Type of reaction: \_\_\_\_\_

**PRESENT MEDICATIONS** (List any medications you are taking. Include such items as aspirin, vitamins, laxatives, calcium and other supplements, etc.)

Name of Drug	Dose(include strength & number of pills per day)	How long have you taken this medication	Please check: Helped?		
			A Lot	Some	Not At All
1.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**PAST MEDICATIONS** Please review this list of "arthritis" medications. As accurately as possible, try to remember which medications you have taken, *how long* you were taking the medication, the *results* of taking the medication and list any *reactions* you may have had. Record your comments in the spaces provided.

Drug names/Dosage	Length of time	Please check: Helped?			Reactions
		A Lot	Some	Not At All	
Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Circle any you have taken in the past</b>					
Ansaid (flurbiprofen)	Arthrotec (diclofenac + misoprostil)	Aspirin (including coated aspirin)	Celebrex (celecoxib)		
Clinoril (sulindac)	Daypro (oxaprozin)	Disalcid (salsalate)	Dolobid (diflunisal)	Feldene (proxicam)	
Indocin (indomethacin)	Lodine (etodoiac)	Meclomen (meclofenamate)	Motrin/Rufen (ibuprofen)	Nalfon (fenoprofen)	
Naprosyn (naproxen)	Oruvail (ketoprofen)	Tolectin (tolmetin)	Trilisate (choline magnesium trisalicylate)		
Vioxx (rofecoxib)	Voltaren (diclofenac)				
<b>Pain Relievers</b>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Acetaminophen (Tylenol)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Codeine (Vicodin, Tylenol 3)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Propoxyphene (Darvon/Darvocet)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Disease Modifying Antirheumatic Drugs (DMARDS)</b>					
Auranofin, gold pills (Ridaura)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Gold shots (Myochrysine or Solganol)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hydroxychloroquine (Plaquenil)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Penicillamine (Cuprimine or Depen)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Methotrexate (Rheumatrex)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Azathioprine (Imuran)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Sulfasalazine (Azulfidine)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Quinacrine (Atabrine)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cyclophosphamide (Cytoxan)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cyclosporine A (Sandimmune or Neoral)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Etanercept (Enbrel)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Infliximab (Remicade)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Prosorba Column		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	



